

Summer Independent Learning

Subject/Group	BTEC Foundation Diploma in Health and Social Care (Y11-Y12)
Topic	Human Lifespan Development



### Task 3 – Physical Development - Motor Skills

Produce a poster, with appropriate images, which explains the motor skills developed in children between the ages of 0-5 years old. You must include BOTH gross motor skills and fine motor skills with examples.

### Task 4 - Housing

Poor quality housing is associated with poor health and quality of life. Nearly a third (31%) of adults in Britain – 15.9m people – have had mental or physical health problems because of the condition of, or lack of space in, their home during lockdown, according to a new YouGov survey (July 2020).

You need to create an A3 spider diagram, firstly to identify the different types of poor housing conditions; you then need to explain the possible effects this may have on someone's physical and mental health for each poor housing condition you have identified.

### Task 5 - Bullying

Bullying can happen at any stage of life. It has a negative effect on everyone involved: the victim, the bully and the onlookers. The four forms of bullying we will cover are:

- VERBAL – using words to hurt
- EMOTIONAL – causing psychological hurt
- PHYSICAL – using force
- CYBER BULLYING

You need to create a table, explaining the short-term and long-term effects of each form of bullying listed above.

## Task 6 – Intellectual Development

Intellectual development is about how individuals organise their ideas and make sense of the world around them.

There are 5 types of intellectual development. Explain each one in detail:

Problem solving	
Language development	
Memory	
Abstract thought and creative thinking	
Moral development	

### Piaget's Theory

Click on the link and watch the following video:

<https://www.youtube.com/watch?v=lhcgYgx7aAA>

Complete the table below:

Stage                      Approx. age

## Task 7 – Emotional Development

Emotional development is related to the bonds we make with each other as well as how we see ourselves. There are several key terms which need to be understood.

Research the key terms below and find definitions for each:

Key Term	Definition
Self-concept	
Empathy	
Self esteem	
Self-image	
Attachment	
Emotional Literacy	

Read the following case study:

How might Carly's

## Task 8 – Attachment Theory

The bonds we make with others are called attachments. This process starts in infants and determines how we form relationships with others.

Click on the links to gain an understanding of Schaffer and Emerson's attachment theory:

<https://www.youtube.com/watch?v=WRQICcH351E>

<https://www.simplypsychology.org/attachment.html>

Produce a spider diagram, identifying the stages of attachments. Explain each stage including details of how children behave. In

## Learning Resources

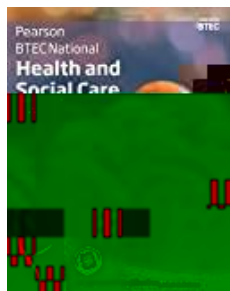
BTEC Pearson's have produced a several learning resources which will be useful for you. They have textbooks, revision guides and study guides designed to help you complete the course and do well in the relevant exams. The resources include:



BTEC National Health and Social Care Student Book 1

Publisher: Pearson ISBN: 9781292126012

Author: Marilyn Billingham, Pamela Davenport, Hilary Talman, Nicola Matthews, Beryl Stretch, Elizabeth Haworth



BTEC National Health and Social Care Student Book 2

Publisher: Pearson ISBN: 9781292126029

Author: Carolyn Aldworth, Nicola Matthews, Sue Hocking, Pete Lawrence, Marjorie Snaith, Mary Whitehouse, Elizabeth Haworth



Revise BTEC National Health and Social Care Revision Workbook

Publisher: Pearson ISBN: 9781292299082

Author: Georgina Shaw, James O'Leary, Elizabeth Haworth, Brenda Baker



BTEC National Health and Social Care Revision Guide

Publisher: Pearson ISBN: 9781292230443

Author: Brenda Baker, James O'Leary, Marie Whitehouse, Georgina Shaw